The above charts pertain to recent graduates between 2008 – 2011 (Career Survey Data)

JOB OUTLOOK

Public Health Nutrition:

- Overall, approximately 60 percent of graduates work in public health agencies (e.g., local and state health departments, and national public health agencies such as the Centers for Disease Control and Prevention), 20 percent in educational institutions or the USDA Cooperative Extension Service, and the remainder in health promotion and education programs in health care organizations and private industry. Other graduates are public relations and media consultants, internship directors, or in private practice/consulting.
- Some graduates of the Public Health Nutrition MPH program choose to continue their graduate studies by pursuing a PhD or other professional degrees. The University of Minnesota offers two options for PhD programs in nutrition. The Interdisciplinary Nutrition Graduate Program offers doctoral students the opportunity to focus their studies in public health nutrition. Similarly, students in the Epidemiology PhD Program have the opportunity to focus on nutritional epidemiology. Several graduates of the Public Health Nutrition MPH Program are currently pursuing doctoral degrees in these programs.
- Career Prospects: The MPH degree in Public Health Nutrition prepares graduates for a wide variety of positions in national, state and local public health agencies; non-profit health agencies; international non-governmental organizations; and community service organizations.
- Individuals who also obtain or hold the Registered Dietitian credential are also prepared to obtain positions in health care settings such as hospitals and clinics.
- Professionals with training in public health nutrition, regardless of their place of employment, are involved in assessing individuals, communities and populations; developing, implementing and evaluating nutrition interventions; and monitoring the health of individuals, communities and populations. In addition, they are involved with developing, monitoring and advocating for policy and assuring that populations have access to safe, affordable foods and food systems.
- Salary Information: Salaries vary greatly depending on the type of employer/organization. Graduates can expect to negotiate approximately $30,000 - $50,000 with an initial position. This information is based on responses to surveys of our graduates, and represents an average experience.
- The Academy of Nutrition and Dietetics also publishes a compensation and benefits survey for the dietetics profession (available for purchase).
- Source: Kim Robien, PhD, RD, CSO, FADA – Associate Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota (http://www.sph.umn.edu/programs/phn/field.asp)

Data Sources: Occupational Outlook Handbook (US Dept. of Labor), SPH Career Survey, SPH Jobs Database
Registered Dietitians:

- Most jobs are in our graduates obtained are in the areas of Women, Infants, and Children (WIC) Programs, Extension Services, Supplemental Nutrition Assistance Programs (SNAP Education), and other food assistance programs. Additional job opportunities exist in hospitals, nursing care facilities, outpatient care centers, and offices of physicians or other health practitioners. Dietitians and nutritionists need at least a bachelor's degree; licensure, certification, or registration requirements vary by State. Applicants with specialized training, an advanced degree, or certifications beyond the particular State's minimum requirement should enjoy the best job opportunities.

- Dietitians and nutritionists held about 60,300 jobs in 2008. More than half of all jobs were in hospitals, nursing care facilities, outpatient care centers, or offices of physicians and other health practitioners. State and local government agencies provided additional jobs—mostly in correctional facilities, health departments, and other public-health-related areas. Some dietitians and nutritionists were employed in special food services, an industry made up of firms providing food services on contract to facilities such as colleges and universities, airlines, correctional facilities, and company cafeterias. Other jobs were in public and private educational services, community care facilities for the elderly (which includes assisted-living facilities), individual and family services, home healthcare services, and the Federal Government—mostly in the U.S. Department of Veterans Affairs. Some dietitians were self-employed, working as consultants to facilities such as hospitals and nursing care facilities or providing dietary counseling to individuals.

- Employment change: Employment of dietitians and nutritionists is expected to increase 9 percent during the 2008-18 projection decade, about as fast as the average for all occupations. Job growth will result from an increasing emphasis on disease prevention through improved dietary habits. A growing and aging population will boost demand for nutritional counseling and treatment in hospitals, residential care facilities, schools, prisons, community health programs, and home healthcare agencies. Public interest in nutrition and increased emphasis on health education and prudent lifestyles also will spur demand, especially in food service management. Also, with increased public awareness of obesity and diabetes, Medicare coverage has been expanded to include medical nutrition therapy for renal and diabetic patients, creating job growth for dietitians and nutritionists specializing in those diseases.

- Employment growth, however, may be constrained if some employers substitute other workers, such as health educators, food service managers, and dietetic technicians, to do work related to nutrition. Also, demand for nutritional therapy services is related to the ability of patients to pay, either out-of-pocket or through health insurance, and although more insurance plans now cover nutritional therapy services, the extent of such coverage varies among plans. Growth may be curbed by limitations on insurance reimbursement for dietetic services.

- Hospitals will continue to employ a large number of dietitians and nutritionists to provide medical nutritional therapy and plan meals. But hospitals also will continue to contract with outside agencies for food service and move medical nutritional therapy to outpatient care facilities, slowing job growth in hospitals relative to food service, outpatient facilities, and other employers. In March of 2012, the Academy of Nutrition and Dietetics reported that most job opportunities will be in outpatient and non-hospital settings.

- Finally, the number of dietitian positions in nursing care facilities is expected to decline, as these establishments continue to contract with outside agencies for food services. However, employment is expected to grow rapidly in contract providers of food services, in outpatient care centers, and in offices of physicians and other health practitioners.

- Job prospects: In addition to employment growth, job openings will result from the need to replace experienced workers who retire or leave the occupation for other reasons. Demand for dietitians should be particularly strong in outpatient care facilities, offices of physicians, and food service management. Applicants without a bachelor’s degree will face keen competition for jobs.

*Source: Occupation Outlook Handbook – US Department of Labor*
The above charts pertain to recent graduates between 2008 – 2011 (Career Survey Data)

<table>
<thead>
<tr>
<th>JOB TITLES</th>
<th>EMPLOYERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assistant/Associate Professor</td>
<td>California Healthy Kids Resource Center</td>
</tr>
<tr>
<td>Diet Design &amp; Formulation Scientist</td>
<td>DC Central Kitchen</td>
</tr>
<tr>
<td>Health Coach</td>
<td>Family Tree Clinic</td>
</tr>
<tr>
<td>Manager of Nutrition Services</td>
<td>Global Health Fellows</td>
</tr>
<tr>
<td>Nutrition Educator</td>
<td>Hennepin County, MN</td>
</tr>
<tr>
<td>Nutrition Epidemiology Scientist</td>
<td>Kellogg Company</td>
</tr>
<tr>
<td>Nutritional Epidemiologist</td>
<td>Mill City Farmer's Market</td>
</tr>
<tr>
<td>Nutritionist</td>
<td>MN Department of Health</td>
</tr>
<tr>
<td>School Food Nutrition Educator</td>
<td>North Carolina Public Health</td>
</tr>
<tr>
<td></td>
<td>Orange County, NC</td>
</tr>
<tr>
<td></td>
<td>Public Health Institute</td>
</tr>
<tr>
<td></td>
<td>State of Minnesota</td>
</tr>
<tr>
<td></td>
<td>United Way of NYC</td>
</tr>
<tr>
<td></td>
<td>University of Alberta</td>
</tr>
</tbody>
</table>

Data Sources: Occupational Outlook Handbook (US Dept. of Labor), SPH Career Survey, SPH Jobs Database
### FIELD EXPERIENCE SITES

**Minnesota**
- Abbott Northwestern Hospital
- Allina Hospitals & Clinics
- Anoka Schools
- Bloomington Public Health
- CAP Agency
- Cedar Riverside People's Center Medical Clinic
- Cerenity Nursing Home
- Chisago County WIC Program
- Clay County Public Health
- Columbia Heights Public Schools
- Community Design Center of Minnesota
- Community Partners with Youth
- Curriculum Resources and Programs-Edina Community Education
- Dakota County Public Health
- Dakota County WIC Program
- Dream of Wild Health
- Eagan Resource Center
- East African Women's Center
- East Side Family Clinic
- Emergency Foodshelf Network
- Gardening Matters
- General Mills Inc.
- Gillette Children's Hospital
- Harding High School
- Hazelden
- HealthPartners
- Health Education Access & Leadership Institute
- Health Partners Research Foundation
- Hennepin County Medical Center
- Hennepin County WIC Program
- Hopkins School District
- IEM Phit
- Indian Health Service
- Institute for Agriculture and Trade Policy
- International Diabetes Center
- ISD # 112
- ISD # 191
- ISD # 196
- ISD # 279
- Land O' Lakes
- Land Stewardship Project
- Leech Lake Health Division
- Loaves & Fishes
- Lutheran Coalition for Public Policy in Minnesota
- Lyngblomsten
- Mercy Hospital
- Methodist Hospital
- Metro Meals on Wheels
- Mill City Farmers Market
- Minneapolis Department of Health & Family Support
- Minneapolis Public Schools
- Minnesota Department of Agriculture
- Minnesota Department of Education
- Minnesota Department of Health

*Data Sources: Occupational Outlook Handbook (US Dept. of Labor), SPH Career Survey, SPH Jobs Database*
Minnesota Department of Human Services
Minnetonka Public Schools
Mississippi Market Natural Foods Co-op
Monticello School District
Moving Mountains
Native American Community Clinic
New Brighton Care Center
Normandale Community College
Northwest WIC Clinic
Olmsted County Public Health Services
Open Arms of Minnesota
Otter Tail County Public Health
Park Nicollet Clinic
Park Nicollet Melrose Institute
Pediatric Home Service
Renewing the Countryside
Resource
SDM Communications
Second Harvest Heartland
Splett & Assoc.
St. Cloud Hospital
St. Joseph's Area Health Center
St. Luke’s Hospital
St. Mary’s Duluth Clinic
St. Paul Area of Churches
St. Paul Public Schools
St. Paul-Ramsey County Public Health Department
Sustainable Resources Center
The Sample Room
Twin Cities in Motion
Unity Hospital
University of Minnesota Children's Hospital
University of Minnesota – Dietetics Internship
University of Minnesota Extension – Cooking Matters Program
University of Minnesota Extension – Farm to School Program
University of Minnesota Medical Center, Fairview
University of Minnesota - School of Kinesiology
Waymouth Farms, Inc.
Wayzata Public Schools
Westside Community Health Services
White Bear Lake School District
William Mitchell School of Law – Public Health Law Center
Women’s Environmental Institute

Nation-wide
Broadlawns Medical Center
Center for Science in the Public Interest
Centers for Disease Control and Prevention
Chickasaw Nation Division of Health
Garvey Head Start
Haskell Health Center
Indian Health Service
King County Public Health
Massachusetts Department of Public Health
New York City Department of Health
New York City Department of Health and Mental Hygiene
New York Presbyterian Hospital

Data Sources: Occupational Outlook Handbook (US Dept. of Labor), SPH Career Survey, SPH Jobs Database
Northeast Regional Medical Center
Providence Park Hospital
The Houstonian
University of Iowa - Center for Disabilities and Development
U.S. Department of Agriculture

International
Academia Sinica
Al Quds University
Fundación Cardiovascular de Colombia
Ministry of Social Solidarity
ProWorld Service Corps
Universidad de Antioquia
World Health Organization

PROFESSIONAL ASSOCIATIONS

General
- American Public Health Association (APHA) – http://www.apha.org
- Minnesota Public Health Association (MPHA) – http://www.mpha.net
- Association of Schools of Public Health (ASPH) – http://www.aspghan.org
- American Society of Tropical Medicine and Hygiene (ASTMH) – http://www.astmh.org
- Association of State and Territorial Health Officials (ASTHO) – http://www.astho.org
- Carter Center - http://www.cartercenter.org/index.html
- National Association of Local Boards of Health (NALBOH) - http://www.nalboh.org/
- Pan American Health Organization (PAHO) - http://new.paho.org/
- Public Health Foundation (PHF) – http://www.phf.org
- Public Health Laboratory Service (United Kingdom) - http://www.phls.co.uk/
- World Health Organization (WHO) - http://www.who.int/en/

Nutrition
- American Dietetic Association (ADA) – http://www.eatright.org
- National Association of Nutrition Professionals (NANP) – http://www.nanp.org
- Society for Nutrition Education (SNE) – http://www.sne.org