

# COMMUNITY HEALTH PROMOTION



The Community Health Promotion MPH program at the University of Minnesota School of Public Health trains students to work with populations to improve health and reduce health inequity. Our curriculum emphasizes the importance of using research to inform practice in assessing population behavior patterns and psychosocial risk factors; designing community-wide prevention and intervention programs; influencing health policies; and evaluating outcomes of behavior change.

Preparing future public health leaders with the skills needed to support strong communities in creating a healthier world.

#### **PROGRAM OVERVIEW**

This two-year, full-time program requires a minimum of 48 credits, including electives chosen in consultation with the adviser. Part-time enrollment is also possible, and part-time students have up to five years to complete the degree. Most courses are offered on campus during the day.

Students learn how to influence policy and public opinion on health issues, develop community-based programs to prevent disease and promote health, work on issues related to specific populations, and advocate for and evaluate efforts to promote healthy behaviors and healthy communities.

Coursework is designed to train students in program or policy development and evaluation skills that can be applied to a wide range of populations and public health settings, including government agencies, nonprofit organizations, community clinics, or research teams. Faculty have interests in multiple public health issues, including but not limited to weight-related health or food security, LGBTQ health, global health, substance use, and public health policy.

Classroom learning is enhanced by a required applied practice experience. This internship-type placement gives students an ideal opportunity to customize their program, by selecting a professional organization that matches their interests and working with that organization on projects that further develop community health promotion skills.

### **ADVANTAGES OF THE PROGRAM**

**Connections.** Partnerships with Twin Cities communities, health departments, nonprofit organizations and policy makers provide opportunities for collaboration and real-world experience.

**Supportive environment.** Students are supported through a cohort peer model, accessible faculty, and a network of more than 10,000 alumni who are dedicated to student success.

**Comprehensive curriculum.** Students are well-prepared with the skills needed to design, advocate for, and evaluate efforts to promote health behaviors and health equity in populations.

#### **DUAL-DEGREE OPTIONS**

#### MPH/MSW

A partnership between the Community Health Promotion MPH program and the MSW program at the University of Minnesota School of Social Work.

## **POSITIONS HELD BY GRADUATES**

University of Minnesota Health Promotion Specialist

Robert Wood Johnson Foundation Communications Associate

University of California San Francisco Medical Center Program Coordinator

City of Saint Paul Government Relations Coordinator

**BlueCross and BlueShield of Minnesota Foundation** Executive Director

Minnesota Department of Health Evaluation Specialist

Twin Cities Food Justice Community Outreach Coordinator

### ADMISSIONS

#### APPLICATION REQUIREMENTS

- · Offical transcripts
- 3 letters of recommendation
- Resume or C.V.
- · Statement of purpose and objectives

## CAREER

Upon graduation, our students advance to local and international careers in a variety of settings, including all levels of government, community-based organizations, social service agencies, medical care organizations, workplaces, schools, and advocacy organizations. Graduates can also go on to pursue a PhD in social and behavioral epidemiology.

# **FACULTY PROFILE**



Simon Rosser's research focuses on designing and testing "next generation" HIV prevention and interventions for high-risk populations, especially men who have sex with men and persons living with HIV. Rosser is involved in methodologic studies on how to conduct trials online. He also served as the principal investigator on the first NCI-funded study studying the effects of prostate cancer treatment in gay, bisexual, and other men who have sex with men.

#### FOR MORE INFORMATION:

EpiCH Student Services Team Division of Epidemiology & Community Health Email: epichstu@umn.edu Phone: 612-626-8802

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