

# COMMUNITY HEALTH PROMOTION



The Community Health Promotion MPH program at the University of Minnesota School of Public Health trains students to work with populations to improve health and reduce health inequity. Our curriculum emphasizes the importance of using research to inform practice in assessing population behavior patterns and psychosocial risk factors; designing community-wide prevention and intervention programs; influencing health policies; and evaluating outcomes of behavior change.

**Preparing future public health leaders with the skills needed to create strong communities and a healthier world.**

## PROGRAM OVERVIEW

This 2-year, full-time program requires a minimum of 48 credits, including electives chosen in consultation with the adviser. Part-time enrollment is also possible, and part-time students have up to five years to complete the degree. Most courses are offered on-campus during the day.

Students learn how to influence policy and public opinion on health issues, develop community-based programs to prevent disease, work on issues related to a specific population, and advocate for and evaluate efforts to promote healthy behaviors.

This program gives students the flexibility to tailor the curriculum to meet their individual needs and interests. Faculty focus on multiple public health issues including: obesity, tobacco/alcohol, infectious disease, LGBT health, global health, and public health policy.

The classroom experience is brought to life through a required applied practice experience. Students conduct professional-level research projects in local, state, national and international organizations.

## ADVANTAGES OF THE PROGRAM

**Connections.** Partnerships with Twin Cities communities, health departments, nonprofit organizations and policy makers provide opportunities for collaboration and real-world experience.

**Supportive environment.** Students are supported through a cohort peer model, accessible faculty, and a network of more than 10,000 alumni who are dedicated to student success.

**Comprehensive curriculum.** Students are well-prepared with the skills needed to design, advocate for, and evaluate efforts to promote health behaviors and social conditions for populations.

## WHO SHOULD APPLY?

Students from any undergraduate background are encouraged to apply, including recent graduates, mid-career professionals wanting to increase mobility in their current position, or those looking to change careers completely. The emphasis on practitioner-based learning is a great fit for returned Peace Corps volunteers and AmeriCorp volunteers.

## CAREER

Upon graduation, our students advance to local and international careers in a variety of settings, including all levels of government, community based organizations, social service agencies, medical care organizations, workplaces, schools, and advocacy organizations. Graduates can also go on to pursue a PhD in social and behavioral epidemiology.

## POSITIONS HELD BY GRADUATES

**University of Minnesota**  
Health Promotion Specialist

**Robert Wood Johnson Foundation**  
Communications Associate

**University of California San Francisco Medical Center**  
Program Coordinator

**City of Saint Paul**  
Government Relations Coordinator

**BlueCross and BlueShield of Minnesota Foundation**  
Executive Director

**Minnesota Department of Health**  
Evaluation Specialist

**Twin Cities Food Justice**  
Community Outreach Coordinator

## ADMISSIONS

### APPLICATION REQUIREMENTS

- Official transcripts
- GRE test scores
- 3 letters of recommendation
- Resume or C.V.
- Statement of Purpose and Objectives

### PREREQUISITES

- 1 course in statistics
- 3-4 social and behavioral science courses
- One year of experience in a social service, community, or public health related setting

## APPLICATION DEADLINE

Scholarship priority deadline: **December 1**  
Final deadline: **May 1**

## DUAL-DEGREE OPTIONS

### MPH/JD

A partnership between the Community Health Promotion MPH program and the JD program at the University of Minnesota Law School.

### MPH/MSW

A partnership between the Community Health Promotion MPH program and the MSW program at the University of Minnesota School of Social Work.

## FACULTY PROFILE



**Keith Horvath's** research focuses on the use of technology for public health behavioral assessment and intervention. Specifically, Dr. Horvath is interested in technology use patterns among groups targeted for public health intervention, and how to maximize online and mobile interventions to reach and impact groups of persons at risk for health complications.

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### FOR MORE INFORMATION:

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